

GET ACTIVE!

It's time to start feeling Fit & Healthy again!



Supportive group settings
Casual sessions available
Catering to **ALL** fitness levels

- Our tailored programs focus on
- **FUN GROUP FITNESS**
 - **TEAM CHALLENGES**
 - **BOXFIT**
 - **BOOTCAMP**
 - **CIRCUIT**
 - **GET FIT SESSIONS**
 - **STAIR CLIMBING**
 - **PT Available**
 - **SMALL or LARGE GROUPS**
 - **FRIENDLY GROUP**

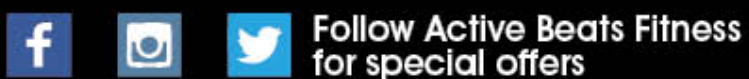
WINTER SESSIONS (APRIL TO SEPTEMBER)	MON	TUES	WED	THUR	FRI	SAT / SUN
ACTIVE BEATS STUDIO Tullamarine		GETFIT 5.45pm	CIRCUIT 6.30pm			
TULLAMARINE PRIMARY SCHOOL Eumerella St, Tullamarine	BOXFIT 6.45pm					
STAIR CLIMB TRAINING Westmeadows		RETURNING TERM 4				
PRIVATE / WORKPLACE Get your workplace involved						

*TIMES AND LOCATIONS SUBJECT TO CHANGE / GETFIT SESSIONS 30MIN / ALL OTHER SESSIONS ARE 45MIN



Get Active Today!
Find us online for more info

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